



| This document was given to me by: |
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| Name: |
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| Organisation: |
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| Telephone: |
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Further information about PPC is available at www.endoflifecareforadults.nhs.uk

This leaflet is based on an original created by Lancashire & South Cumbria Cancer Network June 2004 and endorsed by the NHS End of Life Care Programme

Preferred priorities for care



Preferred priorities for care

| Your name: | | |
|------------|--|--|
| Address: | | |
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This Preferred Priorities for Care document (also known as PPC) can help you prepare for the future. It gives you an opportunity to think about, talk about and write down your preferences about care at the end of your life. You do not need to do this unless you want to.

The PPC can help you and your carers (family, friends and professionals) to understand what is important to you when planning your care. If a time come when, for whatever reason, you are unable to make a decision for yourself, anyone who makes decisions on your behalf will have to take into account what you have written in your PPC.

Sometimes people choose to refuse specific medical treatments in advance. The PPC is not meant to be used for these legally binding refusals—if you do decide you want to refuse medical treatments, please discuss this with your doctor.

Remember that your views may change over time. You can change what you have written whenever you like, so it is advisable to review your PPC regularly to make sure it still reflects what you want.

Should I talk to people about my PPC?

You may find it helpful to talk about your future care with your family and friends, even though this may be difficult. It can also be useful to talk about any particular needs your family or friends may have if they are going to be involved in your care. Your professional carers can help and support you and your family with this.

When you have completed your PPC you should keep it with you so that you can share it with anyone involved in your care.

| o recor | rd contact detail | s of anyo | ne who is | |
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| Re | Relationship | | Contact tel.no. | |
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| Further information: | Will my preferences and priorities be met? |
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| You can use this page to make a note of any further information you need or questions you might want to ask your professional carers | Your PPC will always be taken into account when planning your care. However, sometimes things can change unexpectedly or resources may not be available to meet a particular need. |
| | What should I include in my PPC? Your should include anything that is important to you or that you are worried about. It is a good idea to think about your beliefs and values, what you would and would not like, and where you would like to be cared for at the end of your life. |
| | Key contacts If you are not able to make a decision for yourself, who should be asked about your care? It may be that you have formally appointed someone to make decisions on your behalf, using a Lasting Power of Attorney. If you have registered a Lasting Power of Attorney please provide their contact details below: |
| | Name: |
| | Address: |
| | Telephone: |
| | Even if you have not registered a Lasting Power of Attorney, there may be someone who you would like to be consulted about your care if you are unable to make decisions for yourself. If so please provide their details: |
| | Name: |
| | Address: |
| | Telephone: |
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Further information:

| In relation to your health, what has been happening to you? | Where would you like t | o be cared for in the future? |
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| What are your preferences and priorities for future care? | Signature: | Date: |
| | | |
| | Please record any cha (Please sign and date | nges to your preferences and priorities here any changes) |
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