

10



Remove using a peeling motion; pull gown/fluid repellent coverall from each shoulder towards the same hand.

11



Gown/fluid repellent coverall will turn inside out. Hold removed gown/fluid repellent coverall away from body, roll into a bundle and discard into an appropriate lined waste bin or linen receptacle.

12



Eye Protection (Goggles/face shield)

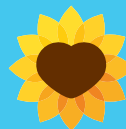
Outside of goggles or face shield are contaminated. Handle only by the headband or the sides. Discard into a lined waste bin or place into a receptacle for reprocessing/ decontamination.

13



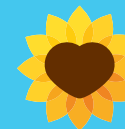
Surgical Mask (or respiratory)

Front of mask/respirator is contaminated - do not touch. Unfasten the ties - first the bottom, then the top. Pull away from the face without touching front of mask/respirator. Discard disposable items into an appropriate lined waste bin. For reusable respirator place in designated receptacle for processing/ decontamination.



East Cheshire Hospice

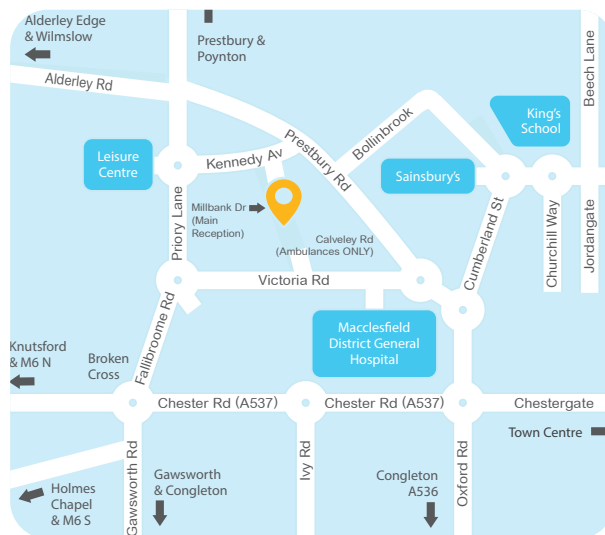
Where people come to live



East Cheshire Hospice

Where people come to live

Personal Protective Equipment (PPE) For Visitors



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IPU-29-0520

Perform hand hygiene immediately on removal.

All PPE should be removed before leaving the area and disposed of as healthcare waste.

Use safe work practices to protect yourself and limit the spread of infection.

- Keep hands away from face and PPE being worn
- Change gloves when torn or heavily contaminated
- Limit surfaces touched in the patient environment
- Regularly perform hand hygiene
- Always clean hands after removing gloves.

Please don't be anxious! We are aware that this is a very new process for you. A member of staff will be available to guide you through it.

Please perform hand hygiene before putting on PPE.

The order for putting on PPE is **Apron or Gown, Surgical Mask, Eye Protection (where required) and Gloves.**

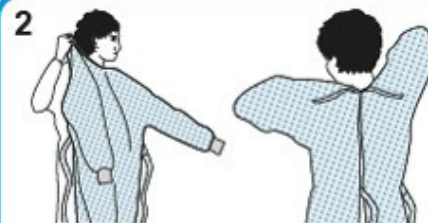
NB - You may not be required to wear all PPE

Putting on Personal Protective Equipment (PPE)



1
Apron
Pull over head and fasten at back of waist.

(step 2 may not be required)



2
Gown/Fluid repellent coverall
Fully cover torso neck to knees, arms to end wrist and wrap around the back. Fasten at the back.

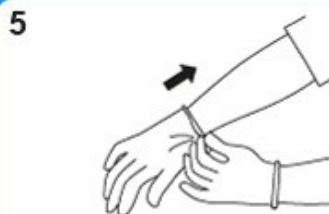


3
Surgical mask (or respirator)
Secure ties or elastic bands at middle of head and neck. Fit flexible band to nose bridge. Fit snug to face and below chin. Fit/check respirator if being worn.

(step 4 may not be required)



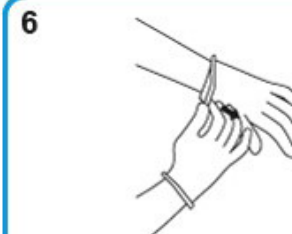
4
Eye Protection (Goggles/Face Shield)
Place over face and eyes and adjust to fit.



5
Gloves
Select according to hand size. Extend to cover wrist.

Removing Personal Protective Equipment (PPE)

The order for removing PPE is **Gloves, Apron or Gown, Eye Protection, Surgical Mask.**



6
Outside of gloves are contaminated. Grasp the outside of the glove with the opposite gloved hand; peel off.



7
Hold the removed glove in the gloved hand. Slide the fingers of the ungloved hand under the remained glove at the wrist. Peel the second glove off over the first glove. Discard into an appropriate lined waste bin.



8
Apron
Apron front is contaminated. Unfasten or break ties. Pull apron away from neck and shoulders touching inside only. Fold and roll into a bundle. Discard into an appropriate lined waste bin.



9
Gown/Fluid repellent coverall
Gown/Fluid repellent coverall front and sleeves are contaminated. Unfasten neck, then waist ties.