

10



Remove using a peeling motion; pull gown/fluid repellent coverall from each shoulder towards the same hand.

11



Gown/fluid repellent coverall will turn inside out. Hold removed gown/fluid repellent coverall away from body, roll into a bundle and discard into an appropriate lined waste bin or linen receptacle.

12



**Eye Protection (Goggles/face shield)**  
Outside of goggles or face shield are contaminated. Handle only by the headband or the sides. Discard into a lined waste bin or place into a receptacle for reprocessing/ decontamination.

13

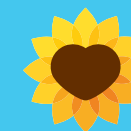


**Surgical Mask (or respiratory)**  
Front of mask/respirator is contaminated - do not touch. Unfasten the ties - first the bottom, then the top. Pull away from the face without touching front of mask/respirator. Discard disposable items into an appropriate lined waste bin. For reusable respirator place in designated receptacle for processing/ decontamination.



**East Cheshire Hospice**

Where people come to live



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# Personal Protective Equipment (PPE) For Visitors



East Cheshire Hospice  
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[www.eastcheshirehospice.org.uk](http://www.eastcheshirehospice.org.uk)

IPU-29-0520

- Perform hand hygiene immediately on removal.

- All PPE should be removed before leaving the area and disposed of as healthcare waste.

Use safe work practices to protect yourself and limit the spread of infection.

- Keep hands away from face and PPE being worn
- Change gloves when torn or heavily contaminated
- Limit surfaces touched in the patient environment
- Regularly perform hand hygiene
- Always clean hands after removing gloves.

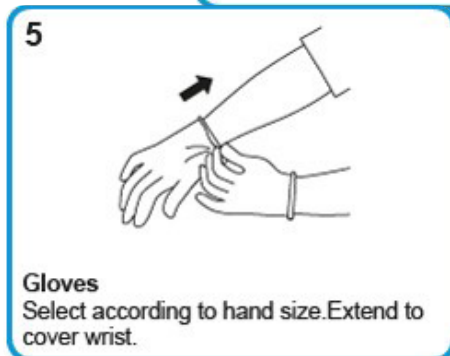
**Please don't be anxious! We are aware that this is a very new process for you. A member of staff will be available to guide you through it.**

Please perform hand hygiene before putting on PPE.

The order for putting on PPE is **Apron or Gown, Surgical Mask, Eye Protection (where required) and Gloves.**

NB - You may not be required to wear all PPE

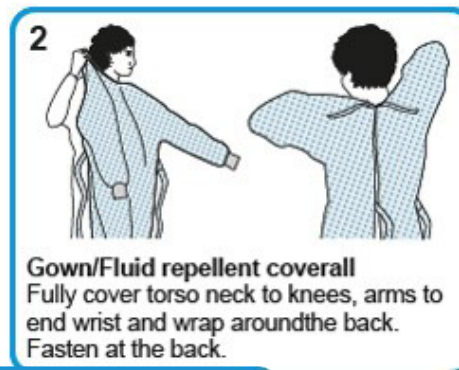
## Putting on Personal Protective Equipment (PPE)



(step 4 may not be required)



(step 2 may not be required)



## Removing Personal Protective Equipment (PPE)

The order for removing PPE is **Gloves, Apron or Gown, Eye Protection, Surgical Mask.**

