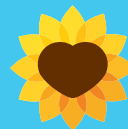


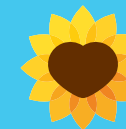
Important Points

- Call a nurse at once if any visitors or patients try to take your medicines.
- Always ensure your medicines are locked in your special medicine box in between administration times.
- Never share your medicines with anyone else when in the Hospice or at home.



East Cheshire
Hospice

Where people come to live



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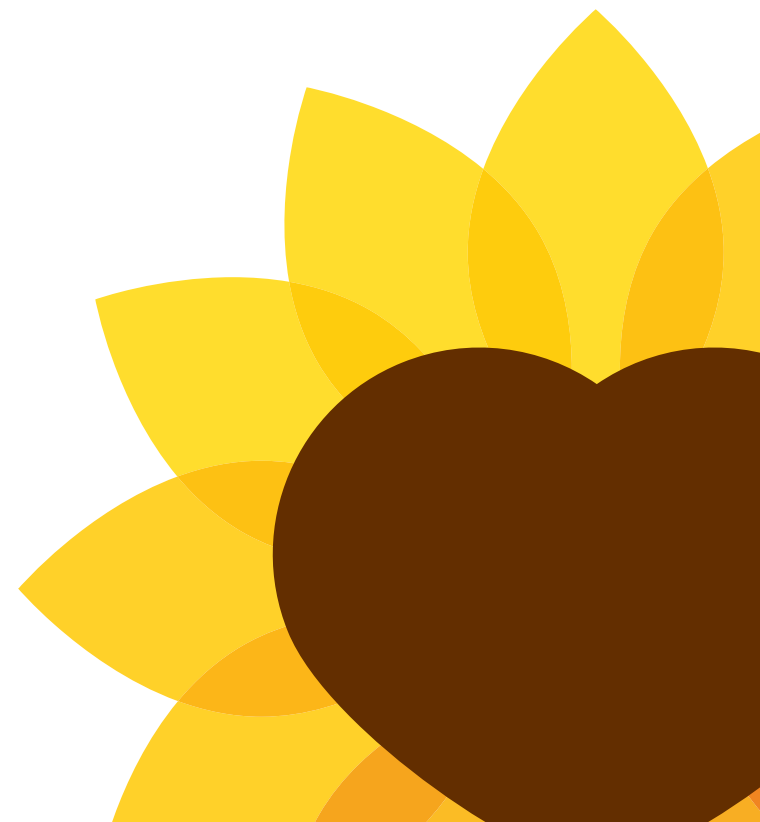
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IPU-28-0520

Self-Administration Of Medicines



Self-Administration of Medicines

Introduction of self-administration of medicines is used by East Cheshire Hospice to let you continue taking your medicines by yourself, but with the chance to get extra help or information when you need it. The nurses will use the system to tell you more about your medicines and how to take them. Self-administering will help increase how much you know about your medicines. It should also help you cope more easily with your medicines when you go home.



Before You Start To Self-Administer

Your nurse will talk to you about the process and what the benefits could

be to you. You may choose whether or not you want to self-administer your medicines. The process is not compulsory and you do not need to take part in it, even if asked. You can stop at any time if you feel unhappy about self-administration. If you decide to self-administer your medicines, your nurse will ask you to sign a form to say that you understand the system and want to self-administer.

What Your Nurse Will Explain To You

Your nurse will tell you exactly how the process works and what you have to do. The nurse and pharmacist will talk to you about how and when to take your medicines and if needed will give you a form which lists all your medicines and shows the times to take them. Controlled Medicines, injectables and syringe pump will still be managed by the nursing team to ensure the Hospice complies with safety regulations. The staff will ensure you have a good supply of all the medicines you need, and they will have full instructions on the label. If you think you are running low on any of your medicines, ask the nurse, pharmacist or pharmacy technician to check and obtain a further supply for you.

If You Have Any Problems

Please talk to your nurse or pharmacist if:

- You forget to take a dose
- You are at all unsure about how or when to take any of your medicines
- Any of your medicines run out or will run out in a few day's time
- You do not want to carry on self-administering your medicines
- You have any questions about your medicines

You can also ask your nurse, pharmacist or your own GP general questions about how your medicines work.

What Happens When It Is Time To Go Home?

We will always try to send you home with the medicines that you brought in from home. We cannot do this if:

- Your treatment has changed
- You do not have enough left to go home with

In these cases, we will give you a new supply of the medicine. If any new medicines have been started, a supply of these will be given to you.