

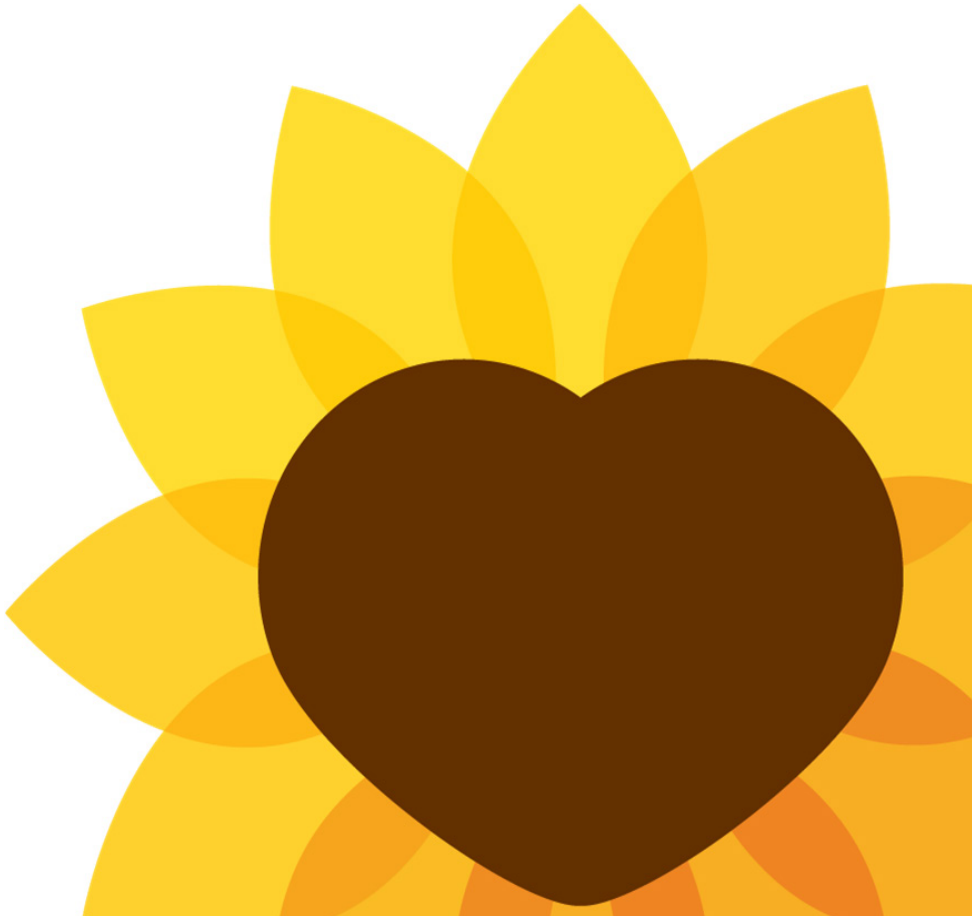


**East Cheshire  
Hospice**

Where people come to live

# Preparing to leave East Cheshire Hospice

Information for patients and those  
important to them



The purpose of this leaflet is to give you, your family and carers some more information about how the process of discharge or transfer from the inpatient unit works and to answer some common questions.

## **How long will I stay at East Cheshire Hospice?**

East Cheshire Hospice is not a long stay facility and the length of your stay will vary depending on your individual needs. You may only be with us for a few days, or if your needs are more complex or changing, you might be with us a little longer. Our multidisciplinary team will work together to address your needs and assess how long you may need to stay here. The team will discuss potential future plans with you, your family and carers before any decisions are made.

Please don't worry if we start talking about discharge within a few days of your admission. This is perfectly normal. Some discharge arrangements can take time to sort out, so it's best to start early, so that care, equipment and any other services can be in place in good time if you are discharged from the Hospice. We want you to have the best quality of care, wherever you are receiving it.

## **Planning meeting**

A planning meeting may be arranged to discuss your planned discharge and what your nursing needs are. This will enable us to have an open conversation about future planning and where your needs may be best met, for example at home, in a nursing or residential home.

## **Going home: How will I know if I can manage at home?**

We will work with you to assess your needs and find ways that we can support you after you leave the inpatient unit. Our occupational therapist may suggest a home visit prior to your planned discharge, to suggest equipment you may need at home such as a hospital bed or commode. We may also suggest that you need carers in your home to assist you with washing, dressing, and meal times.

## What happens if I can't manage at home?

There are services that you can access in order to help you manage and we'll discuss these with you and your family. If you are unable to manage at home, you may need to consider a nursing home and we will offer advice and support with this process

## Nursing homes

If you need to go to a nursing home, we'll help your move by seeing if you are eligible for funding. Depending on the outcome of your individual assessment, our East Cheshire social work assessor and the relevant members of the team will work with you and your family to find a suitable nursing home in the area of your choice. Please note that nursing home spaces are limited, but we will always do our best to meet your wishes.

## What funding is available to me?

If you are eligible, we'll make sure that relevant funding is in place to meet your needs. Funding is usually offered through continuing health care (CHC) or by social services depending on individual circumstances. If appropriate, please ask for a Continuing Health Care Leaflet.

## Once I am discharged will I be able to return to the Hospice?

We work closely with your GP, your Specialist Palliative Care Team and other professionals involved in your care to help you manage your illness at home or at your nursing home. Our aim is to make sure you are comfortable wherever you are.

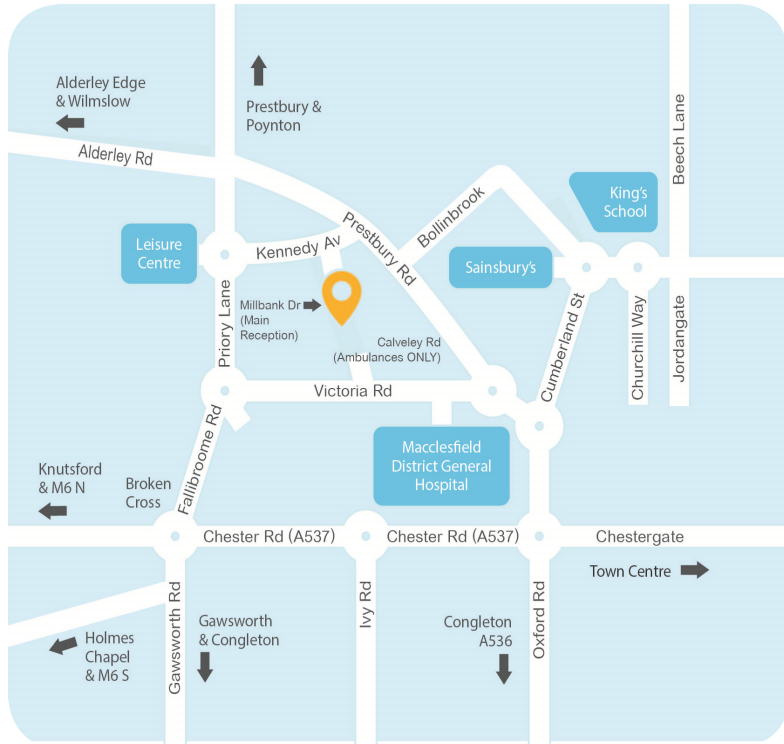
If you require specialist palliative care that can't be given elsewhere, we will assess you to see if returning to the Hospice is the best thing for you. If it is, a further Hospice admission will be offered.

We hope this information has been useful. If you have any questions or need to discuss anything further with a member of staff or multidisciplinary team, please do not hesitate to ask.



# East Cheshire Hospice

Where people come to live



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