

Taking Control

My end of life support plan

This can be used when planning how you wish to be supported if you have a life limiting illness or condition



*Please note this document is not legally binding and could be tested in a court of law.
If you are a paid carer completing this please contact the local Community Team for People with Learning Disabilities (CTPLD) for further support & advice*

Name:

Date:

Who helped complete the plan?

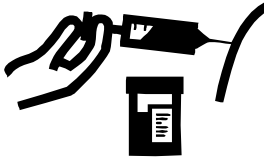
This plan has been produced by Treat Me Right! © 2013

About how I make decisions....

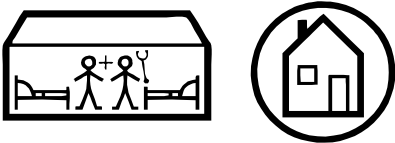


Decisions that need to be made

- Around my treatments and my conditions



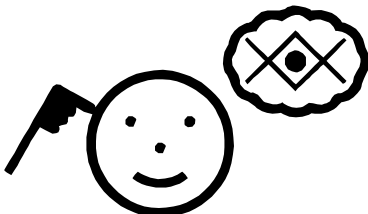
- Where I will be looked after if I become more dependant?



- Where I would like to die?



- How I want to be remembered?



- Whether I should be resuscitated



How I should be involved? Who else should be involved?

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How the decision is made and who makes the final decision?

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About how I make decisions....



Decisions that need to be made

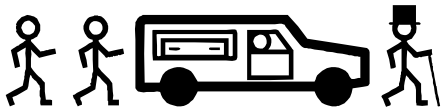


**How I should be involved?
Who else should be involved?**

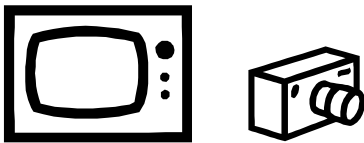


**How the decision is made
and who makes the final decision?**

- Funeral arrangements



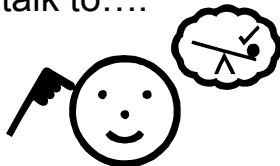
- What should happen to my belongings?



- Making a will?



- If I am become too unwell to make decisions you should talk to....



- Anything else?

Please note if a person is not able to make decisions themselves as stated in The Mental Capacity Act , details of best interest discussions should be recorded and attached to this plan.

People that are involved in my support and care



Name

How is the person involved in my support/ care?

Contact details?

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Please note if a person is not able to make decisions themselves as stated in The Mental Capacity Act , details of best interest discussions should be recorded and attached to this plan.

About what is happening now?

What people need to know about my health...

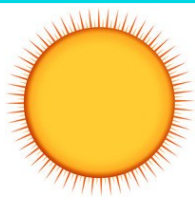
This could include: what health professionals have told you, details of your diagnosis/ prognosis, if you have any other health problems that are having an impact, details of medical treatment or support that you are being given or anything else that is important for people to know

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What a good day and bad day is to me at the moment....

Good day



Bad day



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What is important to me....

... About how I am supported?

Where would you like to be supported, who do you want to support you, how should people support you?

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What is important to me....

... about what I want and don't want in the future?

Share your hopes and fears...



What I want in the future

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What I don't want in the future

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About what is happening now?

What is working?

From my point of view:

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What is not working ?

From my point of view:

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From my family's point of view:

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From my family's point of view:

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From support staff's point of view:

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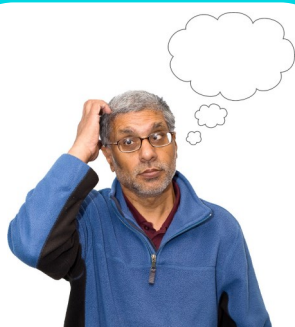


From support staff's point of view:

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What do I want to change?



If I could, I would



Write what you want here....



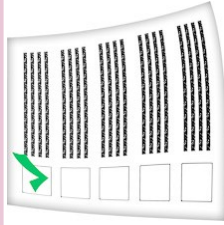
and here....



What needs to happen next?



What should the outcome be?



Action to be taken



Who will do what?



By when?

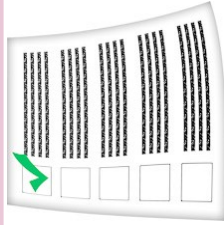


What happened?

What needs to happen next?



What should the outcome be?



Action to be taken



Who will do what?



By when?



What happened?

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