

**Children and Family Service
East Cheshire Hospice
Book Suggestions**

Author: Jane Burton, Children's Counsellor (updated July 2020) 01625 666994

When someone close to a child has a life limiting illness or has died, we want you to be in a position of being able to discuss this and answer their questions honestly.

Children and young people often need different types of support, based on their age, their level of understanding and their relationship to the patient.

Books are just one of these types of support that help some families.

Listed in the table below are a variety of books for children and carers which may help in a variety of ways:-

- Start or continue a conversation,
- Offer support during this time
- Give explanations what is happening, both physically and emotionally

This list and suggested age range is meant as a guide only. There are many other books available.

Book	Author	Suggested age range
Gentle Willow. A story for children about dying	Joyce C Mills	Primary school aged children
No Matter What	Debi Gliori	2 - 7
Always and Forever	Debi Gliori	2 - 7
Goodbye Mog	Judith Kerr	2 - 7
Duck, Death and the Tulip	Wolf Erlbruch	4 -11
When Dinosaurs Die	Laurie Krasny Brown	4 -11
Badgers Parting Gifts	Susan Varley	4 - 11
The Scar	Charlotte Moundlic and Oliver Tallec	4 - 8
Lifetimes. The beautiful way to explain death to children	Bryon Mellonie and Robert Inkpen	2 - 7
When someone very special dies	Marge Heegaard	6 – 12 (a book for children to illustrate themselves)
When someone has a very serious illness	Marge Heegaard	6 – 12 (a book for children to illustrate themselves)
Muddles, Puddles and Sunshine. Your activity book to help when someone has died	Diana Crossley and Kate Sheppard	5 – 12 (a book of activities and exercises for children to illustrate themselves)
The day the sea went out and never came back	Margot Sunderland and Nicky Armstrong	3 - 10
Cinnamon Roll Sunday: a child's story of anticipatory grief	Jennifer Allen	6 - 10
The invisible String	Patrice Karst	4 - 10
The Heart in the bottle	Oliver Jeffers	2 - 8
Sad	Michael Rosen	5 -11

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The grieving teen	Helen Fitzgerald	About and for teenagers
Still here with me	Suzanne Sjoqvist	11+ A collection of stories by young people who have lost a parent
Teen Grief	Gary Roe	About and for teenagers
Grief is a thing with feathers	Max Porter	Fiction for teens and adults
A Monster Calls	Patrick Ness	Fiction for teens and adults
Goodnight Mr Tom	Michelle Magorian	Fiction for teens and adults
Dancing at the pity party: a dead mom graphic memoir	Tyler Feder	For teens and adults
As big as it gets. Supporting a child when a parent is seriously ill	Produced by Winston's Wish	To help parents help their children
You just don't understand. Supporting bereaved teenagers	Produced by Winston's Wish	For parents, carers, teachers and professionals supporting young people