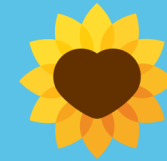
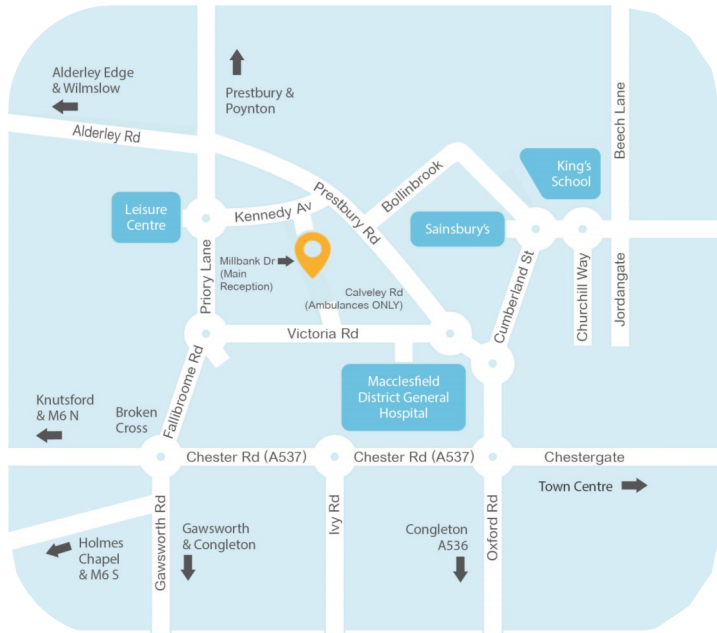




East Cheshire Hospice
Where people come to live



East Cheshire Hospice
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East Cheshire Hospice
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Bereavement Groups

Supporting children & young people



Supporting loss through the eyes of children and teens

We are never too young or old to experience the death of someone important to us.

Finding ways to cope is different for everyone.

Children and young people can face different challenges to adults.

Time and space with others like me

“It can feel like I’m the only one and no one understands”

At East Cheshire Hospice we offer children and young people our ‘Time and Space’ bereavement group, where they can interact with others who have similar experiences.

Taking part in activities in a supervised group with others can provide peer support and help develop a child’s resilience as they experience the loss of a loved one.

Time and space in a safe place

“To others it’s like nothing’s happened. For me now things are really different, but I still want to have fun”

When someone has died it can be challenging to know how to behave and express our feelings to family, friends and teachers.

‘Time and Space’ is led by counsellors and children’s bereavement support workers who offer a secure environment and facilitate the group through games, activities, creative play and story telling.

The Hospice Children’s Therapies Team offers support for families, teachers and healthcare professionals working with bereaved children through training events, group work and face to face 1:1 counselling for children and teenagers who have experienced the loss of someone important to them.

If you’re interested in joining a group or having the Hospice run one for your organisation, please contact the Children’s Support Team on 01625 666994 or email ldobson@echospice.org.uk

Please note:

A parent or guardian must remain available at the Hospice during the session.

We have a comfortable reception area and vending machine.