

Frequently asked questions



**East Cheshire
Hospice**

Where people come to live

When and where is Splash Out?

It is on Saturday 6th July from 9.00am in the grounds of Alderley Park, Nether, Alderley SK10 4TG

What is Splash Out?

Splash Out is a fun obstacle course for all the family. The Splash Out course is approximately 5km and involves participants completing five different water obstacles. It is not a race and is a non-competitive, non-timed event. Participants can walk, jog or run and bypass obstacles if necessary.

Is there parking?

Yes, parking is available on site from 09:00am. We strongly advise that you car share where possible, please also bring your parking pass with you.

What time am I starting?

It depends on what Wave Time you have booked on to. You will be notified by email approximately two weeks prior to the event with your allocated wave time. Please ensure you arrive no later than 30 minutes prior to your wave time to register your attendance, pick up your t-shirt and receive a wristband. You should be ready at the start area no more than ten minutes prior to your allocated Wave time.

Is there an age limit for taking part?

All participants must be aged 4 years or over on the day of the event. Any Participant aged between 4 and 17 must be supervised by a responsible person of 18 years of age or older.

What is in the Charity Village?

You will find the registration point, start and finish areas, information tent, bag drop off, toilets, changing area, first aid, merchandise stalls, hot and cold food contractors and family friendly activities.

What should I wear?

Your Splash Out t-shirt, plus some sensible and appropriate footwear. Splash Out involves participants getting wet and potentially cold, please come prepared with a change of clothes and towel. Please also remember Splash Out is an outdoor event, so it is essential you come prepared for the English weather!

Can we skip obstacles if they are too difficult?

Our priority is for all participants to enjoy the event. If you or any of your group are struggling with an obstacle, then it is not necessary to complete it. You can walk around all obstacles or move on to the next one.

Reaching your sponsorship target

There are so many ways you can reach your sponsorship target and have fun along the way! Use this pack to help with ideas, set up an online sponsorship page at www.JustGiving.com, visit our website for ideas, and remember the fundraising team is here to help so please get in touch.

What if I can't attend on the day?

If you are unable to attend please let the fundraising team know as soon as possible by calling 01625 433477.

Can I bring a large group?

Yes, we welcome business teams, birthday parties, sporting teams and youth organisations. Groups of 10 or more participants will receive a 10% discount. To book a group of more than 10 participants, please contact the Events Team on 01625 433477 / events@echospice.org.uk.

Can I volunteer?

Yes, if you are not taking part we would be very grateful for your help at the event. We rely on our volunteers to help us in a number of different roles including route marshalling, registration, refreshments, set-up and clear-down. Please contact the fundraising team on the details below to find out more.

Are Spectators permitted?

It is not possible for spectators to access the route. Family and/or friends that would like to attend the event but not take part can wait in the Charity Village to see the start and finish. However, to gain access to the Charity Village, they would have to pay the full registration fee.

Can I register to participate on the Event day?

It may be possible to register On The Day of the event but this will depend on the number of entries received prior to the event. A decision on whether On The Day registration will be permitted will be made one week prior to the event.

Is the Hospice on Facebook and Twitter?

Yes, we add regular updates and photos so please and share and like our posts. And don't forget to use [#splashoutforech](https://twitter.com/splashoutforech).

I have another question...

If we haven't answered your question please give the East Cheshire Hospice fundraising team a call on 01625 433477 or email events@echospice.org.uk.