Sports Tournament

Anytime

Organising a fundraising tournament is not only fun but it’s a great way to introduce kids to new sports they may not thought of trying before. It is also a really inclusive way of bring family, friends and communities together to support a good cause.

**Tournaments could be organised through:**

* A local community organisation,
* One local team working on their own
* Several local teams working in collaboration
* A local league itself
* Or independently

Depending on your sport you need to work out how your tournament will work.

Shortened and reduced versions of the main games are usual. For instance Five a Side football 10mins each way etc. To maintain interest try to avoid anything that involves early knockouts for teams. Keep it simple and easy to understand with plenty going on and lots of action for the contestants.

**Different types of sports could include:**

* Netball
* Football
* Hockey
* Rugby
* Rounders
* Relay race

**You may also wish to present awards for specific things such as:**

* Top scorers - Either as a team or individually - often called the golden boot.
* Player of the tournament - Chosen either by ballot of all those taking part or based on the judgement of a coach or similar.
* Best sportsmanship - the team with the best attitude to the game and their opponents.
* Best supported team - a great way to encourage your supporters to cheer on your team.

**How do I start fundraising?**

The best way to collect sponsorship would be to take cash on the day of the event. We have plenty of collection buckets and pots you can use for your event, please see contact details below of how to get in touch with us.

If you want to keep your donations online, start by setting up your Just Giving page [here](https://www.justgiving.com/start-fundraising) and follow the simple step-by-step process to creating your fundraising page. Make sure to fill in the details about your tournament, set yourself a fundraising target, share your page with friends and family on social media, email, WhatsApp, text… And away you go!

**Encourage others to be fit and active whilst raising those vital funds for East Cheshire Hospice.**

It costs £7,500 to keep the Hospice running for 1 day, so every penny that you can raise is important. You may never know exactly how your support will help but you can be assured that the impact your support will have on local families who can benefit from the Hospice services at one of the most difficult and emotional times will be huge and ever so appreciated.

If you would like any advice or if you have any questions at all please contact the Challenge Coordinator Bethan Wade on bwade@echospice.org.uk or call **01625 665691.**